

אנגלית

שאלון ג' (MODULE C)

גרסה א' הוראות לנבחן

- א. משך הבחינה: שעה ורבע
- ב. מבנה השאלון ומפתח ההערכה: בשאלון זה פרק אחד: הבנת הנקרא – 100 נקודות
- ג. חומר עזר מותר בשימוש: מילון אוקספורד אנגלי-אנגלי-עברי או מילון הראפס אנגלי-אנגלי-ערבי: قاموس " هاراب " إنجليزي – إنجليزي – عربي
נבחן "עולה חדש" רשאי להשתמש גם במילון דו-לשוני: אנגלי-שפת-אמו / שפת-אמו-אנגלי.
- ד. הוראות מיוחדות:
- (1) עליך לכתוב את כל תשובותיך בגוף השאלון (במקומות המיועדים לכך).
 - (2) כתוב את כל תשובותיך באנגלית ובעט בלבד. אסור להשתמש בטיפקס.
 - (3) בתום הבחינה החזר את השאלון למשגיח.

ההנחיות בשאלון זה מנוסחות בלשון זכר ומכוונות לנבחנות ולנבחנים כאחד.

בהצלחה!

ACCESS TO INFORMATION FROM WRITTEN TEXTS (100 points)

הבנת הנקרא (100 נקודות) فهم المقروء (100 درجة)
קרא את הקטע שלפניך, וענה על השאלות 9-1. اقرأ القطعة التي أمامك، ثم أجب عن الأسئلة 1-9.

Read the report below and then answer questions 1-9.

WHY WRITE A DIARY?

by Mark Jones

Can writing a diary help people? Psychologist James Brandon says it can. He did research on adults who wrote diaries and found that writing diaries improved their ability to cope with their problems. "Writing in a diary reduces stress, strengthens self-confidence and improves relationships with other people," says Dr. Brandon.

5 Two years ago he decided to do similar research on high school students to find out if they could also benefit from writing a diary. Fifty high school students volunteered for the research project. For six months, they spent about 20 minutes every evening writing down their thoughts and feelings. David Clark was one of the volunteers. Although he wasn't enthusiastic about writing a diary, he participated in the project
10 because his friends did.

"Before I started writing a diary," said David, "I was often tense and moody. I wasn't doing well at school and my parents were angry and worried." To David's surprise, after three months of writing a diary, he started feeling more self-assured. As a result, his grades improved as well as his mood and his relations with his parents. Other
15 students in the project reported similar changes.

David was surprised but Dr. Brandon was not. He had already found such changes in his previous research. Dr. Brandon explains that people's ability to cope with problems improves as a result of expressing their feelings. "Unfortunately, most people today don't have enough opportunities to express their feelings. Writing a diary gives them
20 this opportunity," says Dr. Brandon.

In order to fully benefit from writing a diary, Dr. Brandon recommends that people should keep it absolutely private. This allows them to reveal their true feelings. He also recommends getting rid of the diary every few months. "The purpose of the diary is to help you overcome unpleasant experiences," explains Dr. Brandon. "If you save
25 it and re-read it, you continue to think about those experiences."

David is not sorry he participated in the project. Even though the project is over, he continues to write in his diary because it has become an important part of his life.

(Adapted from "The Write Path to Health", *Daily Health News*, August 20, 2007)

/המשך בעמוד 3/

أجب بالإنجليزية عن الأسئلة 1-9، حسب
القطعة التي قرأتها وحسب التعليمات في الأسئلة.
(١٠٠ درجة)

ענה באנגלית על השאלות 1-9, על פי
הקטע שקראת ועל פי ההוראות בשאלות.
(100 נקודות)

Answer questions 1-9 in English according to the report and the instructions.

1. CIRCLE THE NUMBER OF THE CORRECT ANSWER.

In lines 1-4 the writer describes (—).

- i) how Dr. Brandon got the idea for his research
- ii) what the best way to write a diary is
- iii) what Dr. Brandon found in his research
- iv) who benefits most from writing a diary

(8 points)

2. Why did Dr. Brandon want to do research on high school students?

(lines 5-10)

ANSWER:

.....

(9 points)

3. CIRCLE THE NUMBER OF THE CORRECT ANSWER. (lines 5-10)

David volunteered for the project because he (—).

- i) wanted to improve his writing
- ii) had friends who joined the project
- iii) wanted something to do in the evening
- iv) thought it was a great idea

(8 points)

4. CIRCLE THE NUMBER OF THE CORRECT ANSWER.

What do we learn about David from lines 11-15?

- i) How writing a diary influenced him.
- ii) What his parents thought about his diary.
- iii) Why he wanted to write a diary.
- iv) What subjects he wrote about in his diary.

(9 points)

5. i) CIRCLE THE CORRECT ANSWER: YES or NO. (lines 16-20)

The results of Dr. Brandon's research on students were different from the results of his previous research.

YES / NO

(4 points)

- ii) Copy the words that justify your answer.

ANSWER:

.....

(6 points)

6. According to Dr. Brandon, what is the reason people benefit from writing a diary?
(lines 16-20)

ANSWER:

.....

(10 points)

7. PUT A ✓ BY THE TWO CORRECT ANSWERS. (lines 21-25)

According to Dr. Brandon, if you want to benefit from writing a diary, you should (—).

..... i) be the only person to read it

..... ii) write in it every day

..... iii) describe unusual events

..... iv) keep it only for a short time

..... v) re-read what you wrote

..... vi) learn how to write a diary

(2×9=18 points)

8. How did David feel about writing a diary before the project and how does he feel about it after the project?

COMPLETE THE SENTENCES.

(1) Before the project, he

(2) After the project, he

.....

(2×9=18 points)

9. CIRCLE THE NUMBER OF THE CORRECT ANSWER.

What is the conclusion from Dr. Brandon's research results?

- i) Teenagers can benefit from writing a diary more than adults.
- ii) People of different ages can improve their lives by writing a diary.
- iii) Only adults can express their true feelings in a diary.
- iv) More research should be done in order to come to a conclusion.

(10 points)

ב ה צ ל ח ה !

זכות היוצרים שמורה למדינת ישראל
אין להעתיק או לפרסם אלא ברשות משרד החינוך